

WIRE YOUR BRAIN to...
Create Peace
Manage Stress
Live the Happiest Healthiest Life



Discover the MOST EFFICIENT EFFECTIVE APPROACH
With

MARIANNE KNOX

NeuroMindfulness Wellness Coach/Presenter

Trained in the Latest in Neuroscience and Natural Techniques

*She has developed an Exclusive Practice
Guiding Individuals to Rewire their Brain to*

DISCOVER A NEW WAY OF BEING

*Diminishing Anxiety and Stress in Daily Living
Healing and Optimal Living of Chronic Disease
Relaxation and Better Sleep*

*Children Overcome Academic and Emotional Challenges
Let Go of Unhealthy Habits and Thought Patterns
Master Change – Achieve Your Goals
A Healthier Family Life*

DATE: June 2nd

LOCATION: Heartwood, Evanston

TIME: 930-430

COST: 95.00 after May 2nd 115.00

Lunch is provided

Testimonials:

Marianne is a gift to the world. I am a better person because our paths have crossed and I don't know anyone that would not agree with me on that. Her knowledge of the way the brain works is only rivaled by her passion of the heart. She cares deeply about her clients and truly has their best interests in mind as she guides them on their journey. Her approach is gentle and she provides a very safe place to heal and grow. Tracy F.

Marianne showed me a new direction in my life after I lost my husband suddenly which shattered me. I lost all meaning in my life sorrow and grief embraced me and I felt so lost. When I was going through this I found Marianne. I am so grateful to my God who sent her to me. She showed me the light and helped me to live again. So grateful for everything, Meher

To Register Contact Marianne at: info@marianneknox.com or 815.306.0395

Website: www.marianneknox.com