

**CREATE A...**  
**Healthier Happier - More Productive**  
**WORK ENVIRONMENT**



**Discover the MOST EFFICIENT EFFECTIVE APPROACH**  
**With**

**MARIANNE KNOX**

*NeuroMindfulness Wellness Coach/Presenter*

**Trained in the Latest in Neuroscience and Natural Techniques**

*She has developed an Exclusive Practice  
Guiding Individuals to Rewire their Brain to*

**Improve Leadership and Teamwork**  
**Achieve Greater Concentration and Productivity**  
**Reduce and Manage Stresses**  
**Create Calm and Focus**  
**See Clearly under Stressful Situations**  
**Become More Effective in Every Aspect of Life**  
**A Healthier Family Life**

**DATE: contact to book time**

**TIME: customized to your place of work**

**COST: varies depending on service; one time or a series**

**Contact Marianne at: [info@marianneknox.com](mailto:info@marianneknox.com) or 815.306.0395**

**Website: [www.marianneknox.com](http://www.marianneknox.com)**